

HYGIENE CONCEPT

**GUIDELINES FOR THE PREVENTION OF THE SPREAD  
OF SARS-CoV-2 IN THE BADISCHES STAATSTHEATER**

**STAY HEALTHY!**

# GUIDELINES FOR THE PREVENTION OF THE SPREAD OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER

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# GUIDELINES FOR THE PREVENTION OF THE SPREAD OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER

## 1. OBJECTIVE

The aim of these guidelines is to prevent infections and to protect the health of visitors and employees.

The current occupational health and safety regulation **SARS-CoV-2** of the German Federal Ministry of Labor and Social Affairs, the current action guidelines, and the current industrial sector support "Bühnen" (stages) of the Verwaltungs-Berufsgenossenschaft **VBG**, the German statutory accident insurance, as well as their references are fundamentally applicable.

For this purpose, it is necessary to design productions that are suitable for the situation of the SARS-CoV-2 pandemic. The revival of existing plays must be re-evaluated. New plays should be conceived according to the situation. In particular, scenes close to the body are to be avoided.

The distance rules in the Appendix apply to any stage presentation.

These guidelines shall be adapted to current epidemiological events.

These guidelines are mandatory for all employees and guests of the BADISCHE STAATSTHEATER.

## 2. SYMPTOM AWARENESS / SUSPECTED CASES

### a) Symptoms

that suggest an infection by the coronavirus:

- Sore throat
- Fever
- Pneumonia
- Disturbance of the sense of smell and taste
- Cough
- Rhinitis
- Diarrhea

These symptoms can be relatively subtle, such as headache and sore throat. Such a phase with mild symptoms can precede a later phase with "typical" symptoms, such as fever and cough, by one or two days. However, typical symptoms can also be absent.

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If you have these symptoms, please stay at home and give notice to your manager, report sick, and confidentially notify the HR department.

**Have you had contact with someone infected with the coronavirus?**

Contact **by TELEPHONE** your GP or the medical on-call service of your city, e.g., Karlsruhe 116 117, or the coronavirus hotline of your district, e.g., Karlsruhe district 0721 – 133 33 33.

**b) COVID-19 infection****What should I do if I am infected with COVID-19?**

Please immediately notify your supervisor by telephone that you are only ill. Most importantly, notify the HR department (3557-221 or -222) and inform them of your COVID-19 infection (positive test result) and provide them with a list of names of staff members with whom you have had personal contact within the past 14 days. A **Coronavirus Diary** is helpful here, in which you **daily** write down with whom you had personal contact.

**What counts as a personal contact?**

The following three criteria are relevant for the public health authorities: Personal contact is defined as at least two people meeting for more than 15 minutes, with a minimum distance of less than 1.5 meters, without a protective mask.

The HR department will then contact the employee, of course without mentioning your name. The same applies if a person living in the same household as the employee is infected with COVID-19.

**c) Coronavirus case in the theatre**

If a confirmed case in the theatre is reported, the public health authority will decide individually on how to deal with it in the employee's area of work concerned and give advice on the implementation of appropriate measures.

**d) Risk groups**

Due to the complexity of the influencing factors and possible combinations, a decision on classification into a risk group can, therefore, only be made by means of an individual risk factor assessment, in the sense of a medical appraisal. See definition of the Robert Koch Institute (RKI):

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(German site)

[https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Risikogruppen.html](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogruppen.html)

English site (general information)

<https://www.rki.de/EN/Content/infections/epidemiology/outbreaks/COVID-19/COVID19.html>

If desired, a preventive medical check-up with the company physician can be arranged with affected employees. Please contact the **HR department** to make an **appointment**. If you belong to the risk group and can prove this with a medical certificate, please be sure to talk to your department manager in order to find a solution in consultation with the HR department!

### **3. GENERAL HYGIENE RULES**

- Keep your distance (min. 1.5 m social distance).
- Adhere to hygiene guidelines (especially thorough hand washing).
- Wear certified protective masks.
- Ventilate.

Fundamentally, the following **hygiene rules** apply at the BADISCHE STAATSTHEATER:

- Entrance and exit only via the stage door.
- Avoid personal contact, no shaking hands or similar.
- Keep social distance of at least 1.5 m.
- Wash your hands thoroughly and regularly with lukewarm water and soap (use hand disinfectant if hand washing is not possible).
- Sneezing etiquette: when coughing or sneezing, keep at least 1.5 meters away, turn away and sneeze into the crook of your arm or into a handkerchief. Please dispose of it immediately and be sure to wash your hands afterwards.
- Avoid touching your face (nose, eyes, and mouth).
- Ventilate room regularly.

### **4. PROTECTIVE MEASURES**

#### **a) AHA + L rule**

Meaning: social distancing, observation of hygiene, facial covering, and ventilation

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### **b) Wearing certified protective masks**

- Reduces the spread of droplets.
- Reduces the spread of aerosols.
- Reduces touching your face.

Wearing certified protective masks should not lead to neglecting hand hygiene. While certified surgical masks are not as effective as FFP2 and FFP3 masks, certified surgical masks can also help reduce the spread of droplet infection.

**Wearing a mask is compulsory** on the premises of the BADISCHE STAATSTHEATER until you reach your workplace. Exceptions apply only to performing personnel on the performance area/stage/rehearsal stage.

**Always carry a mask with you!**

### **c) Personal Protective Equipment (PPE)**

PPE (FFP2 masks) must be worn for certain work (e.g., make-up when working with artists). Please observe the manufacturer's instructions and, if applicable, the associated wearing times. Employees who have to wear their FFP2 masks for longer than 30 minutes for work-related reasons will in future have the opportunity to take advantage of a telephone **offer for examination**. Please contact the HR department if you are interested.

## **5. USE OF WORK EQUIPMENT (TOUCHING OBJECTS)**

If **personal use** of work equipment is not possible, it must be cleaned with commercially available (household) cleaners before being passed on. In particular, surfaces that have come into contact with employees, for example through droplet release when talking, should be considered for cleaning. Such surfaces include tabletops, IT equipment, **telephone handsets used by a group**, steering wheels, gear levers and tools. Control panels of work equipment that must be used by different employees have to be cleaned regularly. Precautionary surface disinfection is not considered necessary. Props are regulated in the provisions of the Verwaltungs-Berufsgenossenschaft **VBG**, the German statutory accident insurance.

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### **6. WORK ORGANISATION MEASURES**

- Separate working and break times (e.g., 2-shift operation).
- Separation measures.
- Forming small and fixed teams.
- Shifting starting times.
- Working from home/home office  
(as far as possible due to the German occupational health and safety regulations).

Even when several employees work together, e.g., in assembly, the minimum social distance between employees must be ensured. Where this is technically or organizationally not guaranteed, alternative measures (wearing protective masks) must be taken.

**Testing** is an additional component in the catalogue of measures. This can prevent outbreaks and, thus, new clusters.

### **7. DUTY TO WORK**

Duty to work continues to be compulsory. Though, the performance of work must be adapted to the situation. This is to be organized by respective supervisor in cooperation with the employees. This includes, for example,

- that fewer employees work in one room in order to maintain the applicable hygienic safety distance,
- that the applicable hygiene rules are to be observed,
- that in certain cases working from home by the hour or day is made possible,
- that, if necessary, on-call duty is arranged.
- In general, there is no entitlement to work from home.

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### **8. ROOMS**

#### **a) Cleaning of rooms (WC / showers / others)**

Rooms are cleaned once a day with commercially available all-purpose cleaners. Sanitary rooms are cleaned twice a day with sanitary cleaner. Surfaces which are frequently contacted such as door handles, light switches, soap dispensers or the control panels in the lifts are disinfected twice daily. Heavily frequented rooms are cleaned twice a day. Regulations on the frequency and scope of cleaning and disinfection are also laid down in the respective German Risk Identification and Assessment (**Gefbu**, Gefährdungsbeurteilung).

#### **b) Airing of rooms**

As a rule of thumb, the following applies to general office rooms and meeting rooms:

- Per 10 sqm / one person
- Ventilate every 20 minutes. Leave the room at the same time.

Rooms (e.g., orchestra rehearsal room, STUDIO, etc.) with **air-conditioning and ventilation systems** (called **RLT**) are run with 100 % fresh air in the main building and in the **INSEL**.

In the **Nancy Halle** there is a recirculation system, the harmlessness of which has been confirmed by the city authorities. Due to the size and leakiness of the rooms, there is a sufficient volume of air. The filters have been upgraded, so it now takes longer to heat up the halls.

Please refer to the notices for room ventilation in the **Nancy Halle**.

#### **c) Use of dressing rooms, stand-by rooms, and recreation rooms**

The use of the artists' dressing rooms is currently restricted in order to maintain performance operations under coronavirus conditions (see Attachment).

Stand-by rooms and the canteen are to be used at different times. Only designated seating can be used (**Canteen**: 25 persons).

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### **9. STAY**

Unnecessary stay on the premises of the BADISCHE STAATSTHEATER is prohibited. For the protection of employees, special work areas, e.g., the stages (ref. General Safety Instructions) are only to be entered with a work order and then left again immediately. Avoid unnecessary contact, instead use means of communication such as telephone, e-mail, and video conferencing.

### **10. INFORMATION FOR TRAVELLERS TO AND FROM RISK AREAS (FOREIGN COUNTRIES)**

Please complete the form available at the gate if you have been in a risk area within the last 10 days. A risk area in the sense of the Baden-Württemberg **Coronavirus Regulation on Entry – Quarantine** (in short: **CoronaVO EQ**) is a country or region **outside** the Federal Republic of Germany.

- a) For persons entering from risk areas (foreign countries)  
there is a compulsory registration to comply with the quarantine:**

Those wishing to enter must register digitally in advance at [www.einreisanmeldung.de](http://www.einreisanmeldung.de).

The online registration must take place before entry. This registration is equivalent to a notification to the public health authority. Furthermore, observe all applicable regulations regarding compliance with the quarantine obligation. Coordinate further procedures with the public health authority.

Please do not enter the BADISCHE STAATSTHEATER until you have consulted the public health authority and if you do not show any symptoms.

- b) You are an employee and want to travel to a risk area (foreign country)?**

Please only travel privately if it is absolutely necessary. For private travel to risk areas (foreign countries) you are fully responsible for the consequences. Please take note of respective indications. You are responsible for complying with the current regulations in Germany. Please inform yourself in good time.

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- c) **Are you a cross-border commuter?**  
Please inform yourself daily about the current regulations.

Please note the current regulations applicable to your region.

**The current sources for the regulations:**

<https://www.baden-wuerttemberg.de/en/home/>

<https://www.baden-wuerttemberg.de/en/service/aktuelle-infos-zu-corona/verordnung-fuer-ein-und-rueckreisende/>

<https://www.baden-wuerttemberg.de/en/service/aktuelle-infos-zu-corona/uebersicht-corona-verordnungen/>

<https://corona.karlsruhe.de/aktuelle-rechtsvorschriften>

- d) **Explanatory notes for travelers returning from risk areas (foreign countries):**

For employees, the regulation of the Baden-Württemberg Ministry of Social Affairs and Integration on quarantine measures for entry and return travelers to reduce the spread of the virus SARS-CoV-2 (Corona Regulation Entry – Quarantine, in short: **CoronaVO EQ**) applies in its current version.

**Have you been in a risk area (foreign country) within the last 10 days before entering Baden-Württemberg?**

Employees who enter Baden-Württemberg and have been in a risk area at any time within 10 days prior to entry are generally obliged to go into quarantine for a further 10 days or 14 days depending on the classification of the country unless an exceptional case according to § 2 of the Baden-Württemberg **CoronaVO EQ** applies. The classification of risk areas and virus-variant areas is based on the publications of the **Robert Koch Institute** and is published on the homepage of the Baden-Württemberg Ministry of Social Affairs and Integration:

[https://www.rki.de/EN/Home/homepage\\_node.html;jsessionid=17CC26A79A734BFBA5A5A28C444B2C41.internet102](https://www.rki.de/EN/Home/homepage_node.html;jsessionid=17CC26A79A734BFBA5A5A28C444B2C41.internet102)

and

[https://www.rki.de/DE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Transport/Archiv\\_Risikogebiete/Risikogebiete\\_aktuell\\_en.pdf?blob=publicationFile](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Transport/Archiv_Risikogebiete/Risikogebiete_aktuell_en.pdf?blob=publicationFile)

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### **You have to return to work at the BADISCHE STAATSTHEATER during the period of quarantine?**

If you are already required to work during the period of quarantine and home office / working from home is not possible and flextime credits and further leave cannot be used – on a voluntary basis – you may not receive any remuneration or compensation for the period of quarantine in accordance with § 56 para. 1 sentence 3 of the German Infection Protection Act.

### **You were in a country that was not yet a risk area (foreign country) when you started your journey?**

Employees returning from an area that was not yet classified as a risk area according to the Baden-Württemberg **CoronaVO EQ** at the start of their journey but was classified as such within 10 days before their return, are obliged under the **CoronaVO EQ** to go to their own home or other suitable accommodation (quarantine) for 10 days or 14 days after entry. During this time, they are not entitled to their tariff fees if they cannot work in home office/from home. Instead, you are entitled to compensation under the German Infection Protection Act (under § 56 para. 1 in the amount of the net loss of earnings), which is paid by the Landesamt für Besoldung und Versorgung (Baden-Württemberg Office for Salaries and Pensions).

### **You were in a country that was already classified as a risk area (foreign country) when you started your journey?**

Employees returning from an area that was already classified as a risk area under the Baden-Württemberg **CoronaVO EQ** at the start of travel and is classified as such within 10 days prior to return are not entitled to their tariff fees, provided that no work can be done in home office / from home during the quarantine. There is no entitlement to compensation under the German Infection Protection Act, as the person concerned could have avoided quarantine. Such "fault against oneself" exists if a person has travelled to a risk area without a compelling reason. Employees can use overtime or leave as an alternative. In individual cases, it can be examined whether compensation can nevertheless be granted (e.g., serious illness of a close relative, necessary protection of property, etc.).

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### **11. BUSINESS TRIPS**

Business trips to international risk areas are not permitted.

If possible, only one person should be in the vehicle during business trips at home. If in exceptional cases this is not possible, all passengers (except the driver) must wear FFP2 masks. Window ventilation – no recirculation of the ventilation (at least level 2)!

### **12. SECONDARY EMPLOYMENT**

Secondary activities/part-time jobs that employees wish to carry out in risk areas (foreign countries) are not permitted.

Secondary employment in Germany is also prohibited. But if the secondary employment was already approved before 1<sup>st</sup> November 2020, it may be carried out. Likewise, regular secondary employment (e.g., teaching at the music academy, stocking shelves in the supermarket, etc.) may still be carried out.

### **13. EXTERNAL PERSONS**

The number of external persons shall be reduced to the minimum necessary. Every external person (craftsmen, guests, etc.) must register at the gate each time they visit.

### **14. CONCEPT FOR THE PERFORMANCES, VISITORS, AND STAFF**

For the safety of event visitors, **§ 2** of the Baden-Württemberg **CoronaVO** “Veranstaltungen” (events) must be observed. In addition, **§ 3** must also be observed for the safety of the performers. In order to protect both groups of people, the BADISCHE STAATSTHEATER has developed a concept for the staging of performances and coordinated it with the public health authority, which protects both visitors and performers. Minimizing the risk of infection for employees and performers has the highest priority.

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Therefore, the top priority here is also:

- Adherence to the social distance rule of at least 1.5 m between persons.
- Observance of the general hygiene rules.
- Wearing the protective mask.

**This applies to guests and staff!**

### **15. INSTRUCTION, DOCUMENTATION, AND CHECKING OF THE RULES**

Employees must be instructed regularly by the responsible manager with regard to these guidelines, in particular, with regard to the general hygiene rules.

The risks of exposure to the coronavirus shall be assessed for each production in the **Gefbu** (Gefährdungsbeurteilung ≈ Risk Identification and Assessment). The respective division managers (directors) are responsible for this. The respective department manager is responsible for the **Gefbu** of his/her department.

For on-site inspections of the measures, a supervising person is to be appointed by the employer or on his behalf by the respective department management and instructed in this regard. It is recommended that employees from the respective area of activity be appointed as **Coronavirus Coordinator** who are to inform the department management of the deficit in the event of repeated violations. The department management must immediately work towards a solution. In order to exercise their tasks independently, Coronavirus Coordinators shall be exempt from other activities that may interfere with their supervisory duties.

These updated guidelines are announced by the theatre management and came into effect on 30<sup>th</sup> March 2021.

Peter Spuhler  
General Director

Johannes Graf-Hauber  
Managing Director

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### **16. APPENDIX**

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**SOCIAL DISTANCES FOR STAGE PRESENTATION**

Style		VBG [m]	BST overall [m]	GH <sup>1</sup> [m]	KH <sup>2</sup> [m]	STUDIO <sup>3</sup> [m]	INSEL <sup>4</sup> [m]	Nancy <sup>5</sup> Halle [m]
Speaking, statically	In speech direction, statically	-	4	*	3**	3**	3**	4
Speaking, statically	In all other directions (not speech direction)	-	3	3	1.5***	1.5***	1.5***	3
Dancing, singing, speaking excessively*		6	6	6	3**	3**	3**	6
Dancing, singing, speaking excessively*	In all other directions	3	3	3	3	3	3	3
Not speaking		-	2	2	1.5***	1.5***	1.5***	2
Not speaking	Running one after the other – without speaking, for short interaction (<2 min.)	-	2	2	1.5***	1.5***	1.5***	2
Not speaking	To go/run past sb. without speaking, for short interaction (<2 min.), without stopping.	-	2	2	1.5***	1.5***	1.5***	2
	Paths are crossing. Note: For Interactions where sb is speaking, the above distances apply.	-	2	2	1.5***	1.5***	1.5***	2
All musicians	Except wind instruments	2	2	2	2	2	2	2
Wind instruments		3	3	3	3	3	3	3
When singing	Statically, into the other direction with protection/acrylic glass	-	2	2	2	2	2	2
Distance to the conductor, musicians		3	3	3	3	3	3	3
Distance to the conductor, singer		6	6	6	6	6	6	6

<sup>1</sup> Air-conditioning and ventilation system (called **RLT**) only in the auditorium

filter F7

<sup>2</sup> RLT

filter F7

<sup>3</sup> RLT

filter F7

<sup>4</sup> RLT

filter M6 (responsibility of the city authorities)

<sup>5</sup> Recirculation system, change of filter, continue to ventilate every hour

filter F9

\* No evaluation at present

\*\* Can only be reduced to 3 m if <800 ppm Co<sub>2</sub> is detected and recorded in the **Gefbu**

\*\*\* Can only be reduced to 1.5 m if <800 ppm Co<sub>2</sub> is detected and recorded in the **Gefbu**

The distances for ballet are regulated in the **Gefbu Ballet**.

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**OCCUPATION OF DRESSING ROOMS**

 as of 15<sup>th</sup> October 2020

Observe the maximum number of persons allowed staying in the dressing room during rehearsals and performances, assuming regular airing.

Room 528 STUDIO dressing room	Max. number of persons in the room at the same time: 2
Room 237 (KH) Workroom dresser – Ladies	Max. number of persons in the room at the same time: 2
Room – Dressing rooms Ladies – Solo 233 – 236 (KH) – 4 dressing rooms 208 – 210 (GH) – 3 dressing rooms	Max. number of persons in the room at the same time: 1
Rooms 203 + 205 Dressing rooms Ladies – Chorus	Max. number of persons in the room at the same time: 6
Room 207 Dressing room Ladies – Chorus	Max. number of persons in the room at the same time: 1
Room 200 Dressing room Ladies – Extras	Max. number of persons in the room at the same time: 3
Room 201 Dressing room Ladies – Ballet	Max. number of persons in the room at the same time: 4
<del>Room 214 (GH) Recreation Room Ladies – Dresser</del>	<b>Closed until further notice, as no airing is possible</b>
Room 300 (KH) Workroom Dresser	Max. number of persons in the room at the same time: 1
Room – Dressing rooms Men – Solo 331 – 336 (KH) – 6 dressing rooms 309 – 315 (GH) - 7 dressing rooms	Max. number of persons in the room at the same time: 1
Room 306 (GH) Workroom dresser	Max. number of persons in the room at the same time: 2
Room 305 Dressing rooms Men – Chorus	Max. number of persons in the room at the same time: 5
Room 300 Dressing room Men – Chorus	Max. number of persons in the room at the same time: 1

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Room 302 Dressing room Men – Ballet	Max. number of persons in the room at the same time: 4
Room 301 Dressing room Men – Extras	Max. number of persons in the room at the same time: 2
Room 308	Max. number of persons in the room at the same time: 1
<del>Room 319</del> Recreation Room Men – Dresser	Closed until further notice, as no airing is possible
Dressing room und Recreation Room INSEL	Max. number of persons in the room at the same time: 2

**OCCUPANCY OF MEETING ROOMS**

<b>Meeting room</b>	<b>Number of persons</b>
Ergotti	10
Middle Foyer	27
Lower Foyer	30
PB 2	11
Orchestra rehearsal room	18

**Minimum social distances must be observed!**

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### MEASURES COSTUME, MAKE-UP, SOUND, AND PROPS

#### COSTUME

- ✓ Guests must wear a protective mask throughout their stay in the workshops.
- ✓ Each performer needs his/her own personalized costume (incl. accessories)
- ✓ Limited fittings:
  - Only possible in parallel in separate booths / STUDIO rehearsal stage (follow signs).
  - Max. number of persons per fitting:  
4 persons → artist / wardrobe attendant / assistant / costume designer.
  - Start regularly on the hour / duration max. 30 min. / cleaning and airing afterwards.
  - Wearing of protective clothing / surgical mask and/or FFP2 mask.
  - Persons with cold symptoms: Please stay at home and arrange a new appointment.
- ✓ **Ventilation times 24 hours** between fitting >> manufacture >> transfer for re-fitting / final fitting / presentation.
- ✓ Priority on washable (min. 40 °C / 1 h) materials and costume parts.  
(**Attention:** Washing by hand is not sufficient and does not count as washing !!!)
- ✓ Refrain from blood, soil, paint, etc.
- ✓ Deliveries / meetings only in small groups with mouth-to-nose coverings and strictly limited in time.

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- ✓ Severe restrictions on dressing room services (changing clothes, dressing, and undressing, staying ...).
  - Observe max. number of persons per dressing room / check signs on doors.
  - Adhere to protective and hygienic measures (social distancing, observation of hygiene, facial covering, and ventilation).
  - Wear protective clothing such as gowns and gloves (washable or disposable) plus certified protective mask during the entire dressing room service.
  - Limit the time spent by staff in the dressing rooms to what is absolutely necessary.
  - Stay in the stage area only as far as absolutely necessary.
  - Changing clothes in the dressing room or stage area is possible to a limited extent → help can be given from behind (e.g., zip / close corsets / "help into the coat" ...).
  - Dressing and hanging back of the used costume parts, incl. accessories, is done independently by the artists on provided costume racks or in boxes with laundry bags.
  - At least **16 hours of airing** and **ventilation** of non-washable costume parts, incl. accessories; only after that, refurbishing and preparing for the next performance.
- ✓ Fast re-dressing, so-called "lightning dressing" in the stage area is not possible until further notice, except by the artists themselves.
- ✓ More independence on the part of the performers.

### Special case: Double performances

- ✓ Re-installation for double performances will only take place to the extent that the costumes are properly hung / placed >> but NOT dried / ironed / refurbished, etc. The parts that cannot be washed will remain on the stage.
- ✓ The non-washable parts remain as they were hung after their last use by the user(s).
- ✓ Ironing, spraying, repairs, drying, etc. are not possible.

**Stay Healthy!**

HYGIENE CONCEPT

## GUIDELINES FOR THE PREVENTION OF THE SPREAD OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER

### MAKE-UP

Working below the minimum social distance for longer than 15 minutes implies a high risk potential for the transmission of Covid-19.

#### Performance schedule

There is a total of 11 make-up places throughout the theatre.

<b>Allocation</b>	GH	6 make-up places
	KH	3 make-up places, different rooms
	STUDIO	2 make-up places, different rooms

Maximum working time with one performer is 30 min., with subsequent airing and cleaning time of 30 min.

Two performers are served by one make-up artist before the performance.  
Protective equipment: FFP2 mask, spit shield, cape, gloves.

Only contact with freshly washed skin and hair of the performers is allowed.

Individual make-up boxes for each performer.

Fast **make-up changes** by verbal instructions for the performers to do themselves.

Airing of worn wigs 24 hours before further processing, redressing hair between performances.

Airing of worn wigs 16 hours between performances.

#### Production schedule

- Airing of non-washable wigs for at least 24 hours after a fitting before further processing by make-up artists.
- Future outfits are to be checked for washability.
- Simplification of redressing for performers, instructions for self-help are given.
- Double casts: each one has his/her own outfit.
- Individual performers are taught to do their own make-up and hair due to reduced capacity.

# Stay Healthy!

## HYGIENE CONCEPT

**GUIDELINES FOR THE PREVENTION OF THE SPREAD  
OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER**

Fittings are done with prior cleaning of the performers and for a maximum of 30 min.

Protective equipment is mouth-and-nose protection for performers, costume designers, and make-up artists.

**MICROPHONES**

Lapel microphones and their accessories (e.g., transmitters) are to be put on independently. Where possible, the microphones are personalized. Passing them on during the scene is to be excluded. Non-personalized microphones must be disinfected after use and/or before passing on.

**PROPS / REQUISITES**

Props should not be used or should only be used by one person. Passing on props could allow transmission of the virus via smear infection. Therefore, protective measures, such as wearing gloves or recurrent hand hygiene, are necessary depending on the local infection situation.

**USE OF SHOWERS**

- Showers are to be used by only one person at a time.
- The time spent in the shower should be as short as possible.
- Thoroughly clean hands with shower gel before washing face. After contact with surfaces with which other people also have contact, e.g., door handles, do not touch your mucous membranes.
- Wash hands thoroughly again (20-30 sec.) with liquid soap before leaving the shower.
- Keep an interval of 5-10 minutes between showers for different people.

**Stay Healthy!**

## **GUIDELINES FOR THE PREVENTION OF THE SPREAD OF SARS-CoV-2 IN THE BADISCHE STAATSTHEATER**

### **CORRECT HANDLING OF CERTIFIED PROTECTIVE MASKS**

Due to the introduction of mandatory masks, you should avoid mistakes when putting on your certified protective mask, otherwise you will not protect yourself or your colleagues.

#### **What you should do:**

- Wash your hands thoroughly before putting on the mask.
- Place the covering over your mouth and nose.
- Slide your fingers back along the top of the certified protective mask to prevent it from slipping and slide the elastic bands (ear straps) behind your ears or tie the straps behind the top of your head.
- Mouth and nose must be completely covered for sufficient effect and the certified protective mask should be as tight as possible on the cheeks.
- If possible, only touch from the outside, not on the inside.
- At the end, the certified protective mask should fit and be fixed so well that it is no longer necessary to correct the fit.
- To remove the mask, remove it from the back. Finally, wash or disinfect your hands.
- The German statutory accident insurance **DGUV** recommends a maximum (uninterrupted) wearing time of 75 minutes for FFP2 masks, followed by a recovery period of 30 minutes. Three uses are then possible. In case of moisture penetration, the FFP2 mask must be changed earlier!

#### **Attention**

If the certified protective mask is worn **under the nose**, it is practically **useless**, as the nostrils are exposed.

Loosely dangling a certified protective mask with straps on the chest is also not effective. Both methods increase the risk of spreading your own germs on the outside of the protective mask – so the certified protective mask may do more harm than good.